

HUMILITY

The Essence from the Story of Prahalad

BG: 13-8

Humility is the very first of the many virtues that pave the way toward wisdom as taught in the Bhagavad Gita Chapter 13 verse 8! It is the doorway that leads to all success in life.

Humility allows us to know that no matter how much we know, there is always so much to learn every, single day.

Examples

Teachings of humility have been around forever, in all religions and culture. Simple examples: folding your hands in prayer and greeting others, removing shoes in the Temple, touching the feet of your parents, elders and Pandits. Having the mindset and willingness to learn and be taught daily.

Social Media

Can humility and social media co-exist?

Ensure you display kindness and positivity on social media. Use it for the betterment of yourself and others.



Two Principles

1. *The power of ego and how that power can cause pain*
2. *The power of devotion to God*

Ego: Hiranya-kasipu. Hiranya: meaning golden ; kasipu: meaning food / clothing. Living in search of material things, money, power and fame.

Prahalad: personification of humility, devotion to God.

Pride clouds the intellect and humility illuminates it.

amānitvam—humility





Column Title

You can layer objects, resize them, and place them anywhere on the page. To change how an object moves with text, select the object and then tap or click the Arrange tab in the Format controls.

- Pages detects that you're creating a list if you begin a sentence with a dash or with a number or letter followed by a period.
- Use the Tab key to indent.
- Use the Return key to add a new bullet.
- Press the Return key twice to end the bulleted list.

